



November 2019

Mountain Villa School
Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

1

- Bella's Pizza 🍕
- Freshly Prepared Italian House Salad



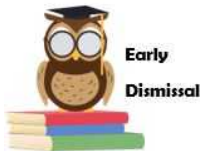
4

- Meatless Monday
- Breaded Ravioli with Marinara Sauce
- Sauteed Italian Green Beans



Early Dismissal

5



Early Dismissal

- Hamburger or Cheeseburger on a Bun
- Oven Baked French Fries
- Steamed Corn

6

- National Nacho Day
- Beef Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Southwestern/Fiesta Corn
- Fiesta Rice & Beans



Early Dismissal

7



8



11

- Hamburger or Cheeseburger on a Bun
- Pickle Chips
- Crispy Ranch Fries

12

- Baked Chicken
- Steamed Carrots
- Mashed Potatoes

13

- Baked Grilled Ham & Cheese Melt on a Pretzel Bun
- Freshly Prepared Garden Salad

14

- National Pickle Day 🥒
- Popcorn Chicken
- Oven Baked Fries
- Steamed Green Beans
- Dinner Roll

15

- Pepperoni Stromboli
- Cucumber & Tomato Salad

18

- Meatless Monday
- Creamy Mac & Cheese
- Fresh Veggie Dippers
- Dinner Roll

19

- Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch
- Sweet Plantains
- Fiesta Rice & Beans

20

- Pasta with Meat Sauce 🍝
- Warm Garlic Breadstick
- Freshly Prepared Caesar Salad

21

- Thanksgiving Dinner 🦃
- Roast Turkey with Gravy
- Mashed Potatoes
- Green Beans
- Stuffing
- Maschio's Lemon/Cherry Frozen Sorbet

22

- Twisted Cheesy Breadsticks with Marinara Sauce
- Roasted Parmesan Broccoli

25

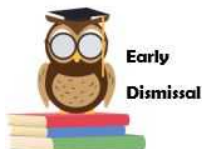
- Chicken Nuggets
- Tater Tots
- Dinner Roll

26

- Cinnamon French Toast Sticks
- Warm Berry Compote
- Breakfast Sausage
- Hash Browns

27

- Hamburger or Cheeseburger on a Bun
- Oven Baked Fries
- Oven Baked Fries
- Steamed Corn



Early Dismissal

28



29



All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/mountain-villa-school/lunch/

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